



NATIONAL ASSOCIATION OF
Community Health Centers®



Managing Cholesterol Using Technology

November 16, 2022



THE NACHC MISSION

America's Voice for Community Health Care

The National Association of Community Health Centers (NACHC) was founded in 1971 to promote efficient, high quality, comprehensive health care that is accessible, culturally and linguistically competent, community directed, and patient centered for all.



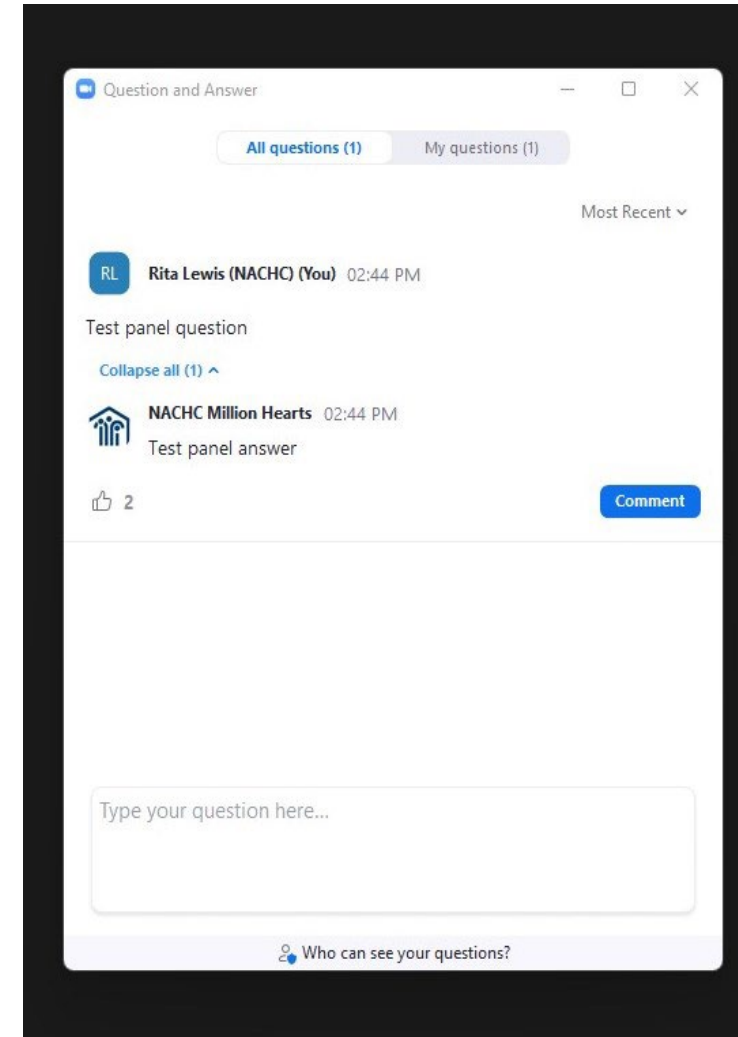
Friendly Reminders

- Today's event is being recorded
- All attendee lines have been muted



Asking Questions

- Chat has been disabled
- Please use the Q&A feature to submit questions for our panelists.
- You can also upvote or comment on questions submitted by other attendees.



Welcome!



Meg Meador, MPH, C-PHI, CPHQ
Director, Clinical Integration & Education
National Association of Community Health Centers



Pre-Work:

Recording (13 mins)
Survey (2 mins)



Live Event:

Q&A (45 mins)



Total Time: 60 minutes = 1.0 CME

Learning Objectives

1

Describe how two health centers are using technology and telehealth to manage and care for patients with very high cholesterol and increase evidence-based prescribing of statin therapy.

2

Identify key components of workflows and patient care models that enable successful chronic care management, particularly for patients with very high cholesterol.

3

Discuss how the use of technology can address patient barriers to care and inconveniences related to statin therapy prescribing.

Speakers



Mike Farley, RPh
Winding Waters Medical Clinic



Vito Zuna, PA-C
Zufall Health Center



Milibeth Castro, MPH
Zufall Health Center

Success With Lipids

USE OF A POC LIPID MACHINE TO IMPROVE STATIN USE & CV
OUTCOMES

MIKE FARLEY, RPH



Initial Plan

UDS High-Risk Statin Groups (per CMS 347):

1. LDL \geq 190
2. DM age 40-75 with LDL 70-189
3. Age 21+ with diagnosis of ASCVD

Plus Any Scheduled Clinic Visit

Check BPA each morning during scrub (should capture all CMS UDS groups + ASCVD \geq 20%).

MA place “High Risk Lipid” on appointment desk for matching patients

In visit: Perform POC testing if no lipid < 12 months

Trigger provider discussion re: high intensity statin using dot phrase as guide.

POC Machine Set Up



Results

Increased number of patients receiving statin therapy

Great opportunity to leverage Team Based Care to help address hesitancy toward therapy.

Added a Piccolo machine to expand to CMP

Increased follow up and screening thanks to ease of POC

Treating Hyperlipidemia in a Telemedicine Visit

Vito Zuna, PA-C
Milibeth Castro, MPH

Identify Patients Who Need Statins

Lab results

- LDL > 190
- DM2
- >7.5% ASCVD

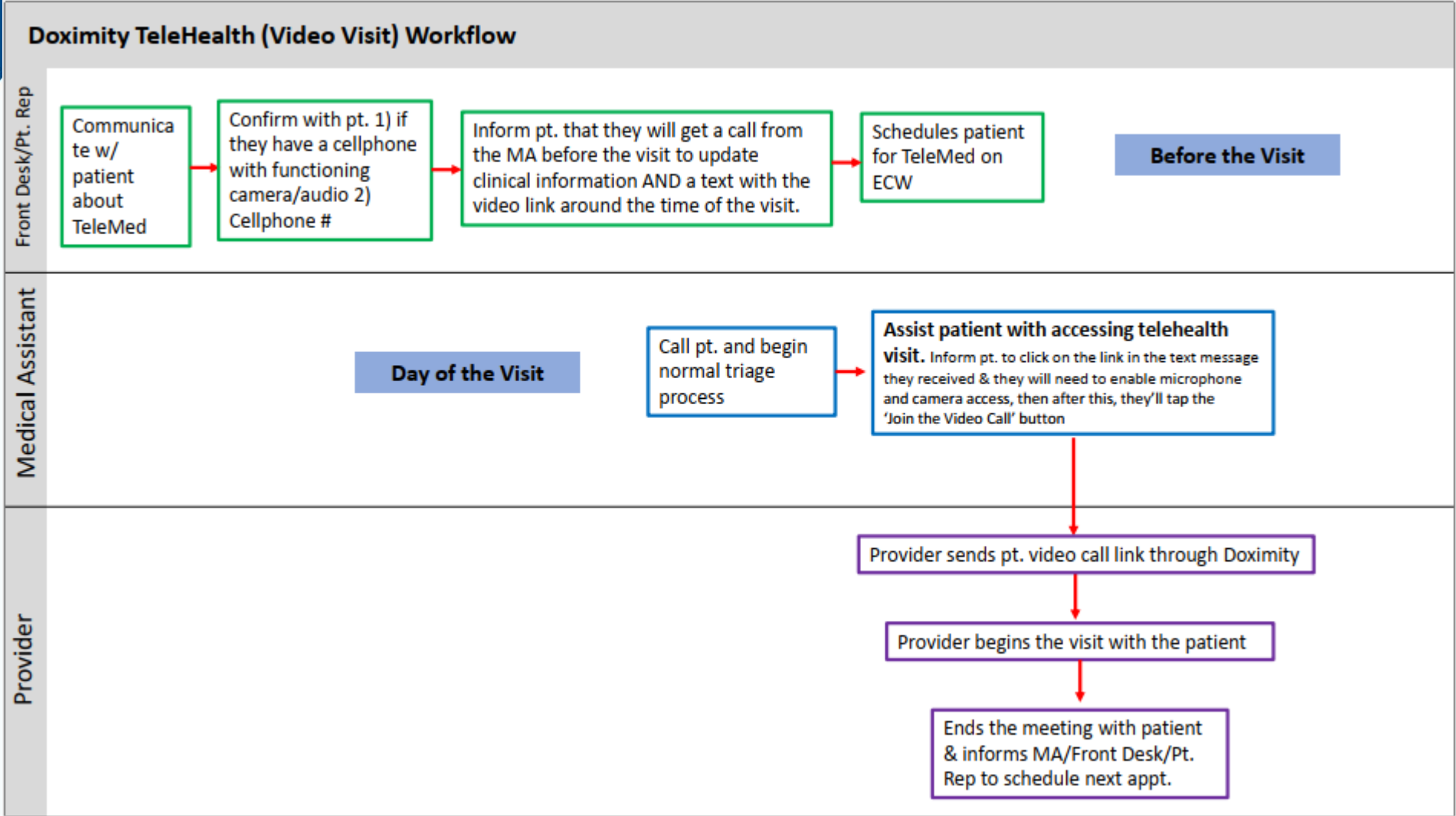
Telephone encounter sent to front desk

Scheduling Televisits

Set blocks during the week

- Able to better track pts
- Not all that are scheduled will answer phone
- Reschedule when possible

Virtual Visit Workflow



The Visit

- Discuss all lab results with focus on lipids
- Risks vs Benefits of statins
- Discuss role of statin and risk reduction
- Address patient's questions/hesitations
- Empathy and understanding

Challenges

- Patients may not pick up phone
- Technology issues
- Connection issues
- Hesitancy about taking a statin

Benefits of Telemedicine

- Allows provider to have enough time for discussion with patient
- Convenient for patient, no need to come into office
- 1 on 1 discussion seems to be more effective than sending a message via medical assistant
- All questions answered
- Taking time outside of normal office visits provides reassurance which can be effective towards daily compliance

Our statin prescribing rates improved by 10 points from 76% in Dec 2021 to 86% in July 2022



Resources

- [Improving Use of Statin Therapy Roadmap: Quality Improvement Tool](#)
- How Do Statins Prevent Heart Attacks and Strokes: Patient Education Animation | [English](#) | [Spanish](#)
- How Do Statins Prevent Heart Attacks and Strokes: Patient Education Infographic | [English](#) | [Spanish](#)
- Statins and Lifestyle: Patient Education Infographic | [English](#) | [Spanish](#)
- [Statin Therapy for High-Risk Groups – Pre-Work Video](#)
- [Q&A: Common Patient Questions about Statins](#)

How to claim CME Credit

1. Visit the activity page at <https://edhub.ama-assn.org/ama-education/module/2798911>
2. **Sign in to the AMA Ed Hub** at the upper right-hand corner by using your AMA login. If you do not already have an AMA account, you can create one for free by clicking on “Sign-in” then selecting “Create an Account”.
3. **From the activity page click the “Start” button** located at the center of the main image.
4. **Click “Take Quiz”** and answer the activity evaluation questions.
5. **Select the appropriate amount of CME to claim.**

IMPORTANT: The deadline for claiming credit for this activity is: December 28, 2022

After this date the quiz will close and you will be unable to claim your credit.

How to access/download your certificate of participation

- 1. Once you have logged in and successfully completed the evaluation quiz, click on your name located at the top right-hand side of the page and select “Transcript”.**
- 2. Find your completed activity and select “Certificate” to download.**

Upcoming Million Hearts Learning Labs

Motivational Interviewing for Medication Adherence

January 18, 2023, from 3:00 to 3:45pm ET

Using Bi-Directional Text Messaging to Engage Patients in Chronic Disease Management

March 15, 2023, from 3:00 to 3:45pm ET



THANK
YOU!



NATIONAL ASSOCIATION OF
Community Health Centers®

PLEASE VISIT US ONLINE

[nachc.org](https://www.nachc.org)